

Welcome to Spring classes and programs at the Santa Clarita Aquatic Center and Santa Clarita Pool. For additional information on any aquatic class or program, please contact the Aquatics Office at (661) 250-3766, or the Recreation Division at (661) 250-3700.

### Membership Cards Available for Lap Swim and Water Exercise.

Why pay per visit? Purchase a membership card to participate in Lap Swim & Water Exercise for a total of 15, 30, or 45 entries.

Code	Program	Fee
3012.201	Water Exercise	\$56 for 15 entries (\$58 NR)
3016.201	Senior Lap	\$27 for 15 entries (\$30 NR)
3014.201	Lap Swim	\$42 for 15 entries (\$44 NR)
3017.201	Senior Water Exercise	\$36 for 15 entries (\$39 NR)
3015.201	Combo Workout*	\$155 per season (\$165 NR)
3631.201	2010 Summer Recreational Swim (3-17 yrs)	\$30
3631.202	2010 Summer Recreational Swim (18-54 yrs)	\$50

\* Combo Workout membership card is good for all Lap Swim and Water Exercise programs and is valid three months from the date of purchase.

### Recreational Swim Admission Prices:

#### Santa Clarita Aquatic Center

Ages 2 & under = Free  
 Ages 3-17 = \$3  
 Ages 18-54 = \$4  
 Ages 55 + = \$3

### SANTA CLARITA AQUATIC CENTER

20850 Centre Pointe Parkway • 250-3766

#### Dive Pool (25 yards x 25 meters)

Two 1-meter and one 3-meter diving boards

Program	Days	Times	Date
Lap Swim/Master's Swim	M-F	5:30 am - 7:00 am	March 29-June 11
Swim Lessons	M,W,F	5:00 pm - 6:10 pm	May 3-May 21
Synchronized Swim	M,W	6:00 pm - 7:30 pm	March 29-May 19
Water Polo, Youth	T,Th	6:00 pm - 7:30 pm	March 30-May 20
Competitive Swimming Workout	M,W,F	6:30 pm - 7:30 pm	March 29-May 19
Water Exercise "Aquacize"	M,W	7:30 pm - 8:30 pm	March 29-June 9
Water Exercise "Total Aquarience"	Sat	9:00 am - 10:00 am	March 27-May 22
Synchronized Swim	Sat	10:00 am - 11:30 am	April 3-May 15
Jr. Lifeguard Workout	Sat	7:00 am - 8:30 am	March 20-May 15
Tri-it! Training Program	Sat	7:30 am - 9:00 am	April 3-June 5
Dive Class	Sat	11:30 am - 12:30 pm	April 3-May 1
Recreational Swim	Sat, Sun	12:00 pm - 4:00 pm	June 5-June 6
Recreational Swim	Mon	12:00 pm - 5:00 pm	May 31 Only

#### 50 Meter Pool

Competition Pool 50 meter x 25 yards

Program	Days	Times	Date
Lap Swim	M-F	10:30 am - 1:00 pm	March 29-June 11
Water Exercise "Zero Impact"	M,W,F	12:00 pm - 1:00 pm	March 29-June 11
Master's Swim	M,W,F	6:00 pm - 7:30 pm	March 29-June 11
Lap Swim	M-F	6:00 pm - 8:00 pm	March 29-June 11
Underwater Hockey	Tue	7:00 pm - 8:00 pm	March 30-June 8
Tri-it! Training Program	Tue	6:00 pm - 7:00 pm	April 6-June 1
Master's Swim	Sat	8:30 am - 10:00 am	April 3-June 5
Water Polo, Youth	Sat	8:30 am - 10:00 am	April 3-May 15
Lap Swim	Sat,Sun	10:30 am - 1:30 pm	April 3-June 6
Water Polo Scrimmage, Adult	Sun	10:30 am - 12:00 pm	March 28-June 6

#### Waterslide Pool

(0' depth entry, play features, water slide)

Program	Days	Times	Date
Recreational Swim	Sat, Sun	12:00 pm - 4:00 pm	June 5-June 6
Recreational Swim	Mon	12:00 pm - 5:00 pm	May 31 only

### Limited Use and Pool Closures Spring 2010

February 15.....President's Day, Pools Closed  
 April 17.....Special Olympics Spirit Games, Limited Programs  
 April 22, 23, 24.....Western State Conference Swimming Finals  
 May 4 & 6.....High School Swim Meet  
 May 28, 29, 30.....Regional Swim Meet, Limited Programs  
 May 31.....Memorial Day, Limited Programs

## Aquatic Safety Classes

### Water Safety Instructor

Successful completion of this course will certify you to teach all levels of American Red Cross progressive swimming courses. Included in this course is American Red Cross Fundamentals of Instructor Training (FIT). You must attend and successfully complete all class sessions to obtain certification. **Prerequisite:** 16 years of age by the first day of class; 200-yard swim **Fee:** \$174 plus a \$60 material and book fee due at the first session (\$196 NR)

Code	Day	Dates	Time	Location
3650.201	Sat	3/13, 3/20, 3/27	9:00 am-6:00 pm	SCSC-AqC
3350.201	M-Th	4/5-4/8	8:00 am-3:00 pm	* SCP
3650.202	Sat	5/1, 5/8, 5/15	9:00 am-5:00 pm	SCSC-AqC

\* Non Resident Fee does not apply to this location

## Family Aquatic Programs

### Lap Swim

Swim your way to a healthier lifestyle! Aquatics offers a wide variety of lap swim hours. Children, ages 8-14, who wish to work-out must be comfortable in deep water and accompanied in the water by an adult when they swim. See the pool schedule on page 26 for program days and times.

**Fee:** \$4 per visit (ages 55+, \$3 per visit); \$42 (\$44 NR) For a 15-entry pass, see page 26 for specific membership card information.

### Recreational Swim

Come enjoy the Waterslide and Dive Pools at the Santa Clarita Aquatic Center. The water slide, diving boards, play structures, and the child-friendly beach entry shallow end in the Waterslide Pool will all contribute to a fun experience for you and your family. **Please remember that active in-water supervision is required for all non-swimmers.** Only Coast Guard approved flotation devices are allowed in the pools. The Aquatic Center has a limited number of approved life jackets available for use. Please leave all pool toys at home. **Location:** SCSC-AqC See page 26 for fees.

Days	Times	Dates
Sat, Sun	12:00-4:00 pm	June 5-June 6
Mon	12:00-5:00 pm	May 31 only



## Interested in having a party at the Aquatic Center?

The first day to book a party is **Tuesday, April 27, 2010, at 8:00 a.m., at the Aquatic Center, 20850 Centre Pointe Parkway.**

### SPRING PARTIES (JUNE 5 & 6, 2010)

FRIDAYS	SATURDAYS	SUNDAYS
---	9:00-11:00 am 5:30-7:30 pm	9:00-11:00 am

### SUMMER PARTIES (JUNE 13 - SEPT. 5, 2010)

FRIDAYS	SATURDAYS	SUNDAYS
9:00-11:00 am 5:30-7:30 pm	9:00-11:00 am 5:30-7:30 pm	5:30-7:30 pm

### FALL PARTIES (SEPT. 11, 18, & 25, 2010)

FRIDAYS	SATURDAYS	SUNDAYS
---	4:30-6:30 pm	---

\* With the exception of some dates that are not available due to special events.

A party reservation packet can be downloaded at [santa-clarita.com/seasons](http://santa-clarita.com/seasons) (under downloadable forms) beginning on Monday, March 29, 2010.

For information, please call (661) 250-3700

## Aquatic Center Recreational Swim Guidelines

- Patrons Must be at least 48" tall to ride the water slide
- Suits with any metal/plastic are not allowed on the slide
- Children two and under must wear swim diapers under their suits
- Only Coast Guard approved life jackets are permitted in the pools
- No cut-off jeans or shorts below the knees are allowed
- Masks, fins, or snorkels are not permitted
- Swim tests are required for anyone not demonstrating the ability to swim safely in deep water
- No alcohol or tobacco products are allowed inside the facility
- No outside food or beverage (except bottled water) is allowed
- No ice chests/coolers

Guidelines listed above are taken from the Aquatic Section **"Pool Facility Rules and Regulations."** To request a complete set of pool rules, please contact the Aquatics Office at (661) 250-3766.



City of Santa Clarita  
proudly hosts

## THE FIRST ANNUAL SPLASH AND DASH EGG HUNT!

Saturday, April 3

Santa Clarita Aquatic Center

10:00-10:30 am 5 yrs and Under

10:30-11:00 am 6-10 yrs

FREE ADMISSION

Bring your little ones to collect eggs with prizes in the water slide pool. After you make a splash, stay to play in the heated water, and enjoy drinks and snacks provided by staff.

Please note that a parent must accompany all children. Parents are encouraged to swim with their child. Life jackets are available at no charge.

## 2010 Santa Clarita Lifeguard Tryouts

Begin the process to join the City's team of dedicated water safety professionals. Swim tests and interviews for summer, 2010 positions will be held at the Santa Clarita Aquatic Center on:

Sat	Feb. 27	9:00 am-12:00 pm
Sat	Mar. 6	9:00 am-12:00 pm

## Summer 2010 Jr. Lifeguard Program

Mark your calendar now...tryouts for this popular program will be held at the Santa Clarita Aquatic Center. Participants must be between the ages of 8 and 15 as of July 1, 2010, and pass their swim test to enroll. Testing and registration will be held on:

5/1, 9:00 am-12:00 pm  
5/8, 2:00-5:00 pm • 5/11, 6:00-8:00 pm

## Youth Aquatic Programs

### Competitive Swimming Workout

For ages 7 to 17, this work-out type class will help swimmers stay in shape as well as improving abilities in all strokes, starts, turns, and finishes. This month-long program provides an ideal way to get in shape before the summer swim team season begins. Participants should be comfortable in deep water and capable of swimming 25 yards comfortably in order to enroll in this class. **Location:** SCSC-AqC

**Fee:** \$55 (\$95 NR) *Non-Resident fee does not apply at SCP*

Session A		Session B	
3/29-4/21		4/26-5/19	
Code	Code	Days	Time
3621.211	3621.221	M,W,F	6:30-7:30 pm

### Youth Water Sports Camp (Spring Break)

This one week camp will introduce a variety of water sports including Springboard Diving, Synchronized Swimming, Competitive Swimming, Water Polo, and Snorkeling. Don't miss this opportunity to familiarize your child to a water sport that could be that lifetime skill!

**Location:** SCSC-AqC **Fee:** \$81 (\$127 NR)

Code	Days	Age	Dates	Time
3626.201	M-F	8-12	4/5-4/9	9:00 am-1:00 pm

### Spring Junior Lifeguard Workout Program

An introduction to our summer program designed to teach the swimming skills needed for summer participation. **Prerequisite:** For ages 8-12, children must be comfortable in deep water and have Level 3 swimming skills. **Location:** SCSC-AqC **Fee:** \$40 (\$56 NR)

Code	Days	Dates	Time
3633.201	Sat	3/20-5/15	7:00-8:30 am

### Synchronized Swim Class

Synchronized swimming is a sport involving rhythmical water activity performed to music. Skills will be taught by using versions of the front and back crawl, elementary backstroke, sidestroke, and breaststroke. During practice held at the Santa Clarita Aquatic Center, coaches will provide a challenging experience for both new and returning swimmers. For ages 7-17, participants should possess Level III completion skills and must be comfortable in deep water. Practices held on Monday, Wednesday, and Saturday **Location:** SCSC-AqC **Fee:** \$48 (\$78 NR)

Code	Days	Times	Dates
3642.201	M,W	6:00-7:30 pm	3/29-4/21
	Sat	10:00-11:30 am	4/3-4/17
3642.202	M,W	6:00-7:30 pm	4/26-5/19
	Sat	10:00-11:30 am	5/1-5/15



## Progressive Swim Lessons

To provide the best possible learning environment, your child will be assessed on the first day of lessons and placed in the appropriate skill level.

### Swim Lesson Registration Information:

*To achieve the best learning experience for your child, the Aquatics Section encourages you to read and follow the guidelines listed below when registering for swim lessons.*

#### LEVEL 1

**Introduction to Water Skills** will help children feel more comfortable and safe in the water. Designed for the child who has never had water experience, or has a fear of the water. **Child must be three years old by the first day of class to enroll.**

#### LEVEL 2

**Fundamental Aquatic Skills** marks the start of basic swimming skills. Designed for the child who has no fear of the water, but cannot yet swim independently. **Child must be three years old by the first day of class to enroll.**



### Water Polo Class

The Water Polo class is for youth of all abilities, ages 7 to 17. In order to enroll in this demanding, yet exciting sport, participants must be comfortable in deep water. Practices held on Tuesday, Thursday, & Saturday **Location:** SCSC-AqC **Fee:** \$48 (\$78 NR)

Code	Days	Times	Dates
3843.201	T,Th	6:00-7:30 pm	3/30-4/22
	Sat	8:30 am-10:00 am	4/3-4/17
3843.202	T,Th	6:00 am-7:30 pm	4/27-5/20
	Sat	8:30 am-10:00 am	5/1-5/15

### Introduction to Springboard Diving

This introductory class is designed to teach the basic skills required to enter the world of competitive diving. Instruction will focus on: The approach, the hurdle, entries, as well as the tuck, pike, and straight diving positions. Participants must be comfortable in deep water and pass a swim test the first day of class. **Location:** SCSC-AqC **Fee:** \$47 (\$88 NR)

Code	Day	Times	Dates
3624.211	Sat	11:30 am-12:30 pm	4/3-5/1



## LEVEL 3

**Stroke Development** marks the start of coordinating arms and legs in strokes, and of swimming distances of up to 15 yards, along with preliminary diving skills. **Child must be four years old, comfortable in deep water, and be able to swim five yards unassisted by the first day of class to enroll.**

## LEVEL 4

**Stroke Improvement** develops child's confidence in their skills. More strokes are introduced with distance of swims increased up to 25 yards. **Child must be five years old and able to swim 15 yards unassisted by the first day of class to enroll.**

## LEVEL 5 AND ABOVE

Please see Competitive Swimming Workout on page 28 for students with abilities at or beyond this level.

## Santa Clarita Aquatic Center Progressive Swim Lessons – Dive Pool

Dates: 5/3-5/21 Fee: \$55 (\$90 NR)

Code	Days	Time
3708.211	M, W, F	5:00-5:30 pm
3708.212	M, W, F	5:40-6:10 pm

## Adult Programs

### Santa Clarita Masters Club

This coached workout held at the Santa Clarita Aquatic Center is designed for swimmers 18 years old and up who are interested in a serious workout along with the optional opportunity to compete in regional U.S. Masters Swim Meets. Practices are designed for both novice and experienced swimmers. An additional annual fee of \$40, payable to the U.S. Masters Association, is required if you choose to compete in swim meets. For information about this program, please call (661) 250-3767 or visit [www.santaclaritamastersswimming.com](http://www.santaclaritamastersswimming.com) See the Aquatic Center schedule on page 26 for program days/times. **Fee:** \$57 (\$68 NR) per month or \$155 (\$165 NR) for a three month pass.

The Santa Clarita Master Club is offering FREE swim clinics. The Masters Club Head Swim Coach will be on-deck giving pointers on how to improve swimming technique, flip-turns, and starts. The clinics are open to those that are 18 and older. The Swim Clinics will start at 10:00 a.m. and end at 12:00 p.m.

Saturday, April 3    Saturday, May 1    Saturday, June 5

Registration Information pages 70 & 71

### Tri-it! Training Program

**Formally known as Cross Training 101.** Interested in completing a sprint distance triathlon but do not know where to start? Join us and tri it! This class is for beginners and those looking for multi-sport exercise with a goal. Class meets twice a week; Tuesday to focus on swimming technique and endurance and Saturday to work on everything else.

**Requirements:** Must be able to swim two laps (50 yards), run a half mile, and be comfortable riding a bicycle. 10-week session.

**Location:** SCSC-AqC **Fee:** \$95 (\$115NR)

Code	Day	Time	Dates
3729.211	Sat	7:30-9:00 am	4/3-6/5
3729.211	Tues	6:00-7:00 pm	4/6-6/1

### Water Exercise

**Location:** SCSC-AqC **Fee:** \$5 per visit. See page 26 for program membership card information.

### "Aquacize"

This fat-burning fitness workout incorporates muscular, cardiovascular, and aerobic conditioning. Exercise includes some rhythmic activities, muscle strengthening, and toning while having fun too! **Location:** SCSC-AqC

Days	Time	Dates
M,W	7:30-8:30 pm	3/29-6/9

### "Zero Impact"

"A stress free environment," this lunch time deep-water exercise class strengthens and builds all-over muscle tone, all without impact to the joints. Belts will be provided or you may bring your own. Participants must be comfortable in, and able to swim in deep water. **Location:** SCSC-AqC

Days	Times	Dates
M,W,F	12:00-1:00 pm	3/29-6/11

### "Total Aquarience"

This total water experience is an all around exercise class encompassing shallow and deep water exercises. This class provides strength and muscle toning, endurance building promoting greater flexibility. **Location:** SCSC-AqC

Days	Time	Dates
Sat	9:00-10:00 am	3/27-5/22

### Water Polo Sunday Scrimmage

"Drop-in" scrimmages for ages 18 and above, at the Santa Clarita Aquatic Center. All equipment is provided. Call the Aquatics Office (661) 250-3766 for more information. **Fee:** \$3 per player/visit **Location:** SCSC-AqC

Day	Time	Dates
Sun	10:30 am-12:00 pm	3/28-6/6

### Locker Rentals at the Santa Clarita Aquatic Center

The Santa Clarita Aquatic Center has lockers available for rent. Locker rentals are provided by season at \$10 per season or \$35 for a yearly rental. For more information, please call (661) 250-3700. Locks provided with a \$5 refundable deposit.