Newhall Community Center

The mission of the City of Santa Clarita Community Centers is to enrich the community by connecting residents and providing quality, structured programs and services.

*SUMMER 2013 * June 17 through August 9*

ADULT CLASSES

Please view our entire "Summer Daze" programs at www.santa-clarita.com/ncc

Adults In Motion **Fees: R/NR***

Burn calories with great music and exercise. Bilingual instruction (Spanish)

- Monday and Wednesday, 9:00 to 10:00 a.m. Dance Room Instructor: Lety Cost: $10 / $15

Tone it Up!

Tone and build muscle through strength training using small weights, exercise resistant bands, cardio and low impact aerobics. Bilingual instruction (Spanish)

- Tuesday and Thursday, 9:00 to 10:00 a.m. Dance Room Instructor: Lety Cost: $10 / $15

Yoga with Jackie

Learn basic yoga poses and flows to stretch and strengthen the major muscles of the body and increase flexibility. Postures and dynamic breathing techniques promote deep relaxation. Bilingual instruction (Spanish)

- Friday, 9:00 to 10:00 a.m. Dance Room Instructor: Jackie Cost: $10 / $15

Zumba with Jackie

A fun exercise class that incorporates moves to music for an intense, non-stop hour of cardio. Bilingual Instructor (Spanish)

- Thursday, 6:00 to 7:00 p.m. Dance Room Instructor: Jackie Cost: $10 / $15

Coffee, Conversation, and Creativity!

A fun workshop for women that includes arts and crafts, and of course, coffee to keep the conversation flowing. Learn from each other in a casual, close-knit program. Class size is limited. Bilingual Instructor (Spanish).

- Saturday, 12:00 to 2:00 p.m. Classroom A Instructor: Elvira Cost: $10 / $15

IMPORTANT REGISTRATION DATES FOR SUMMER

Online registration for residents begins at 8:00 a.m. on Wednesday, May 8

Non-Resident and Walk–In registration begins at 10:00 a.m. on Monday, May 20

***Non-Resident (NR) fees apply to those living outside of the City of Santa Clarita boundaries. Prior to registering for a class, please check your residency status at https://www.secure-santa-clarita.com/address/index.asp to determine if you are a resident of the City of Santa Clarita.**

HOURS: Monday – Friday 9:00 a.m. – 8:00 p.m.

Saturday 11:00 a.m. – 5:00 p.m. Closed Sunday and Holidays

22421 Market Street • Santa Clarita, CA 91321 • (661) 286-4006 • santa-clarita.com/ncc