Adult Programs

Santa Clarita Masters Club (Adult)

This coached workout is designed for swimmers 18 years old and up who are interested in a serious workout along with the optional opportunity to compete in regional U.S. Masters Swim Meets. Practices are designed for both novice and experienced swimmers. For additional information about this program, please call (661) 250-3767
Location: SCSC-AqC

Water Exercise (16-Adult)

A "stress-free environment" water exercise class will provide strength, muscle toning, and endurance building, promoting greater flexibility. Belts and dumbells will be provided, or you may bring your own. Participants should be comfortable in deep water.
Location: SCSC-AqC **Fee:** $6 per visit. (ages 55+ $5 per visit)
See page 37 for class schedule and membership card information.

Underwater Hockey (16-Adult)

Come join this low impact, aerobic, and fun sport. This coed sport encourages all to try. Weekly scrimmages will test your skills. Everyone plays. Fun and friendly NON-CONTACT sport. All equipment is loaned to new players. Players are encouraged to come and try, come once, come often, you decide. No class or program commitment. Please call (661) 250-3767 for more information, and let us know to expect you so we can have gear ready. New players are encouraged to show up 15 minutes early. **Fee:** $5 per visit

Day	Dates	Time
Tu	1/27-3/24	7:15 pm-8:15 pm

Family Aquatic Programs

Lap Swim (15-Adult)

Swim your way to a healthier lifestyle! We offer a wide variety of lap swim hours. Note: Children, ages 8-14, who wish to work out, must be comfortable in deep water and accompanied in the water by an adult when they swim. **Fee:** $5 per visit (ages 55+ $4 per visit). See page 37 for class schedule and membership card information.

Arctic Chill Polar Bear Swim (All Ages)

Join the official Santa Clarita Polar Bear Club and celebrate the New Year by taking a chilly plunge in the Aquatic Center's Waterslide Pool on New Year's Day! Your name will be added to the Polar Bear Club Membership List placed in our trophy case. Coffee and hot chocolate will be provided after the plunge. For more information, please contact (661) 250-3761. Spectators are welcome at this event. **Location:** SCSC-AqC **Fee:** Free

Day	Date	Time
Th	1/1	9:00 - 9:30 am

SUMMER 2015 JR. LIFEGUARD PROGRAM

Mark your calendar now. Tryouts for this popular program will be held at the Santa Clarita Aquatic Center. Participants must be between the ages of 8 and 15 as of June 15, 2015, and pass a swim test to enroll*. Two morning sessions of the Junior Lifeguard Program will be offered and run from June 15 - July 9 or July 13 - August 6, Monday - Thursday. Please call the Aquatics Office at 661-250-3764 for more information.
Ages: 8-11, 12-13, 14-15 Fee $275 ($315 NR)

***For those who participated last year and will not be moving up an age category, you will not need to tryout.**

Testing and registration will be held on:
5/2 - 9:00-11:00 am • 5/9 - 12:00-2:00 pm

ARCTIC CHILL

POLAR BEAR SWIM

On New Years Day, what better way to ring in the new year than by taking an exhilaratingly chilly ride down the waterslide at the Aquatic Center? Your name will be added to the official Santa Clarita Polar Bear Club members list displayed inside the trophy case in the halls of the Aquatic Center. You will also receive a special commemorative Polar Bear Club gift. Coffee and hot chocolate will be provided after the plunge. This event is free to the public and spectators are welcome. Doors open at 8:45 am, event begins at 9:00 am. Advanced registration is encourged. For more information, please call (661) 250-3766.