



# Fall Program Schedule

**August 10 - December 20**

<b>Adult Programs &amp; Classes</b>	<b>Ages</b>	<b>Day(s)</b>	<b>Time</b>	<b>Fee</b>
ESL (Golden Oak School) <b>Begins 8/20</b>	18+	Tu/Th	8:30 a.m.-1:30 p.m.	FREE
Social Bridge	50+	Th	11:00 a.m.-2:00 p.m.	FREE
Coffee, Tea, & Bingo (1 <sup>st</sup> & 3 <sup>rd</sup> Friday)	50+	F	9:30-11:00 a.m.	FREE
Club 50 (2 <sup>nd</sup> & 4 <sup>th</sup> Friday)	50+	F	9:30-11:00 a.m.	FREE
Intermediate Salsa Session1 <b>Begins 8/20</b>	16+	Tu	7:00-8:00 p.m.	\$50/6 wks
Beginning Salsa Session 1 <b>Begins 8/22</b>	16+	Th	7:00-8:00 p.m.	\$50/6 wks
Intermediate Salsa Session2 <b>Begins 10/8</b>	16+	Tu	7:00-8:00 p.m.	\$50/6 wks
Beginning Salsa Session2 <b>Begins 10/10</b>	16+	Th	7:00-8:00 p.m.	\$50/6 wks
Jewelry Making Begins 10/1	13+	Tu	11:30 a.m-1:00 p.m.	\$72/6 wks
POUND Fitness Session1 <b>Begins 8/21</b>	11+	W	6:00-7:00 p.m.	\$68/8 wks
POUND Fitness Session 2 <b>Begins 10/23</b>	11+	W	6:00-7:00 p.m.	\$43/5 wks
Low Impact Aerobics <b>Begins 9/4</b>	18+	W/F	8:45-9:45 a.m.	\$98/14 wks
Open Computer	18+	M,W,Th,F	11:30 a.m.-2:00 p.m.	FREE
Open Computer	18+	S	1:30-2:00 p.m.	FREE
Digital Drop-In <b>Begins 9/10</b>	18+	Tu	12:00-1:30 p.m.	FREE
<b>Children Programs</b>	<b>Ages</b>	<b>Day(s)</b>	<b>Time</b>	<b>Fee</b>
Saturday Drop N Play	5-12	S	10:00 a.m.-2:00 p.m.	FREE
Afterschool Program <b>Begins 8/19</b>	5-12	M-F	2:30-6:00 p.m.	\$25
iTEENS Program <b>Begins 8/19</b>	13-17	M-F	3:00-6:00 p.m.	FREE
Tiny Time Playgroup <b>Begins 8/19</b>	1-5	M	9:15-10:15 a.m.	FREE
Adventures with Food <b>Begins 8/21</b>	3-5	W	10:30-11:15 a.m.	\$5
Preschool Fitness <b>Begins 8/21</b>	3-5	W	11:15 a.m.-12:00 p.m.	\$5
Doodlebugs <b>Begins 8/23</b>	2-4	F	10:30-11:30 a.m.	\$5
<b>Events</b>	<b>Ages</b>	<b>Day(s)</b>	<b>Time</b>	<b>Fee</b>
Swing Dance	18+	S 9/14	7:00-9:00 p.m.	FREE
Family Dodgeball Night	All	F 9/20	7:00-9:00 p.m.	FREE
Flu Vaccine Clinic	All	Th 10/24	4:00-7:00 p.m.	FREE
Fall Carnival	All	F 11/1	7:00-9:00 p.m.	FREE
Health Fair	18+	F 11/15	7:30-10:30 a.m.	FREE
Hot Cocoa & A Movie	All	F 12/6	7:00-9:00 p.m.	FREE
Milk & Cookies with Santa Night 1	3-12	Tu 12/10	6:30-8:30 p.m.	\$10
Milk & Cookies with Santa Night 2	3-12	Th 12/12	6:30-8:30 p.m.	\$10

## Winter Registration

On-line registration – **Tuesday, November 12** at 8:00 a.m., [www.santa-clarita.com/seasons](http://www.santa-clarita.com/seasons)

Walk-in registration – **Monday, November 18** at 8:00 a.m.

A free membership card must be obtained in order to participate in Center activities.

# CLASS DESCRIPTIONS

## Children & Teen Enrichment Activities

### **Adventures with Food (3-5 yrs.)**

Cooking activities that integrate reading, math, science, and healthy living. Focuses on measuring, mixing, and tasting new foods. Parent attendance required.

Wednesdays

10:30-11:15 a.m.

Fee: \$5 per class

### **Preschool Fitness Fun (3-5 yrs.)**

Enjoy a morning of fun on our SMART ProTrainer Interactive Wall. Preschoolers will discover the fun of fitness, while developing their gross motor skills. Participants will practice and improve skills such as spatial awareness, locomotor, coordination and rhythmic skills.

Wednesdays

11:15 a.m.-12:00 p.m.

Fee: \$5 per class

### **DoodleBugs (2-4 yrs.)**

Children and parents will engage in a multitude of sensory activities, crafts, stories, and songs.

Fridays

10:30-11:30 a.m.

Fee: \$5 per class

### **iTEENS (13-17 yrs.)**

iTEENS is a teen afterschool program. This program offers teens an opportunity to participate in homework help, art and music, volunteer projects, special events, and more.

Mondays-Fridays

3:00 a.m.-6:00 p.m.

Begins 8/19

FREE

## Adult and 50+ Activities

### **Social Bridge Club (50+ yrs.)**

Join others and play "Bridge" in a fun, friendly and relaxed atmosphere. Beginners, intermediate and advanced players are welcome. Partners are not required; tables are formed as you arrive.

Thursdays

11:00 a.m.-2:00 p.m.

FREE

### **Club 50 Fridays (50+ yrs.)**

If you are 50+, now is your chance to spend more time with friends doing activities you all enjoy! Club 50 includes diverse activities designed for mature adults. Socialize while nurturing your talents and skills and enhancing the quality of your life.

2<sup>nd</sup> & 4<sup>th</sup> Fridays

9:30-11:00 a.m.

FREE

### **Coffee, Tea, and BINGO (50+ yrs.)**

An opportunity to socialize, play BINGO, and win prizes! Bring your friends!

1<sup>st</sup> & 3<sup>rd</sup> Fridays

9:30-11:00 a.m.

FREE

## Drop-In Activities

### **Open Computer Time**

Open computer use to access the internet, print documents, check emails and more.

Monday-Friday

11:30 a.m.-2:00 p.m.

Saturday

1:30 p.m.-2:00 p.m.

FREE

### **Tiny Time Playgroup (1-5 yrs.)**

Get out and socialize at Tiny Time Playgroup! Join us for a morning of parent-led activities, including art, toys, games and more. Whether you need a new play date spot or want to get out and make friends, at Tiny Time you will mingle, have fun and experience new things!

Mondays

9:15-10:15 a.m.

FREE

### **Saturday Drop-N-Play (5-12 yrs.)**

Drop in and enjoy structured play and fun activities on Saturdays. SMART ProTrainer Interactive Wall, computer time, arts and crafts, games, and more are available.

Saturdays

10:00-2:00 p.m.

FREE

## Upcoming Events

### **Swing Into Fall (18+ yrs.)**

Do you like to Swing Dance or would you like to learn? If the answer is yes, then join us for a fun evening of dancing as you "Swing into Fall." This special event will begin with dance lessons and then continue on to social dancing.

Saturday, 9/14

**Lessons:**

6:00-7:00 p.m.

**Social Dancing:**

7:00-9:00 p.m.

FREE

### **Family Dodgeball Night (5+ yrs.)**

Get ready to go all out for our family dodgeball competition. Throw, dodge and catch with the whole family while you learn the basic rules and techniques of dodgeball, tournament style. This friendly game does not require experience, practice, or athletic ability to play. Come dodge, duck, dip and dive as your family works hand-in-hand to beat the rest, to be the best.

Friday, 9/20

7:00-9:00 p.m.

FREE

### **Preschool Pumpkin Party (1-5 yrs.)**

Join us for all things pumpkin! Celebrate the fall season with music, games, arts & crafts and sensory activities. Make new friends at our Preschool Pumpkin Party! Children and parents are welcome to join us in costume. No pretend weapons or masks please.

Friday, 10/25

9:15-10:15 a.m.

FREE

### **Community Health Fair (18+ yrs.)**

This free event will include health screenings, courtesy of Henry Mayo Newhall Memorial Hospital, Blood Pressure Monitoring, Height and Weight Analysis, Body Composition Analysis, Oxygen Saturation, Carbon Monoxide Measurement, Cholesterol Test, Glucose Test, Healthy Nutrition and Diet Tips.

Friday, 11/15

7:30-10:30 a.m.

FREE

### **Flu Vaccine Clinic**

This free event will provide flu vaccines at no charge to those who do not have health insurance or whose healthcare provider does not offer flu vaccines.

Thursday, 10/24

4:00-7:00 p.m.

FREE

### **Fall Carnival**

A fun-filled family event of games, contests, crafts, and more!

Friday, 11/1

7:00-9:00 p.m.

FREE

### **Milk & Cookies with Santa (3-12 yrs.)**

This event allows to enjoy a visit with Santa, listen to his stories from the North Pole and tell him all of their holiday wishes. Guests will enjoy holiday cookies and milk. Space is limited. Don't forget your camera for this special event.

Tuesday, 12/10

Thursday, 12/12

6:30-8:30 p.m.

Fee: \$10 per child

### **Hot Cocoa & Movies**

Get in the wintery holiday spirit with us and cozy up with hot cocoa and a movie. Come relax, enjoy your family and de-stress from the holidays, and join us for a winter warm-up at the hot cocoa bar as we enjoy the showings of movies from the Christmas Classics Series. Holiday crafts and activities will be included.

Friday, 12/6

7:00-9:00 p.m.

FREE