

# Primetime Preschool

Miss Heather

January Newsletter

Happy New Year to all of our Primetime Preschool families! We hope you enjoyed your winter break and had a wonderful time with your loved ones! We are looking forward to starting 2020 with lots of learning and fun! This month we will begin having the children sign-in each morning by writing their names on our white board. Please encourage your child to try their best as we take another step towards independence and Kindergarten readiness.

## **Class Happenings**

### **January 13-17: Let's Learn About Germs!**

Germs are Not for Sharing will teach us the importance of covering our coughs and sneezes. We will be singing the "handwashing" song and teaching our students how to keep their teeth healthy and strong.

### **January 21-24: Magnets are Magical!**

Magnets will amaze the children as we discover which everyday items are magnetic. We will be fishing with magnets for alphabet letters, playing with magnetic puzzles, and learning how a magnet works.

### **January 27-31: N is for Nutrition**

Letter N will be taught as we focus on the importance of trying new foods, making "healthy dinner plates", and learning how exercise benefits our bodies and minds.

## **Upcoming Events**

**January 20:** No class today as we observe the Martin Luther King, Jr. holiday.

**January 30/31:** We will end our month of celebrating healthy choices by making friendship fruit salad! Please have your child bring in any fruit of their choice, **washed and chopped**, so we can prepare it in class.

## **Reminders**

Progress reports will be distributed this month. Please do not be alarmed if your child is not performing to the level you may have expected. We still have plenty of time left in the school year and you will be amazed how much they transform and flourish in the next few months. If you have any specific questions or concerns, please feel free to speak to Miss Heather before or after class.



***Miss Heather - January 2020***

***“Winter Wonderland”***

Alphabet	Letters L, M, and N
Reading Readiness	Learning how to write and identify the letters L, M, and N. Recognizing our names and writing them independently.
Math	Tracing, writing, and identifying the numbers 5 and 6. Graphing our favorite fruits.
People and Places	Discussing where healthy food comes from as well as the professions of being a farmer, dentist, and a nurse.
Science	Magnet explorations and how a magnet works. Experiment to demonstrate what happens when we don't cover our sneezes. Egg experiment: Demonstrating what happens to our teeth when we drink soda.
Health and Nutrition	Discussing healthy foods and “eating the rainbow.” Practicing brushing and flossing our teeth.
Safety and Environment	Watching where we are going when we walk, not talking with food in our mouths.
Music Appreciation	“Top and Bottom”, “I’m a Little Magnet”
Fine and Gross Motor Skills	Manipulating a toothbrush, pulling strings to “floss our teeth”, using our hands to pick and pull off magnets.
Special Days and Events	Preparing and eating our friendship fruit salad on January 30/31.
Dramatic Play	Hot Cocoa Stand, healthy food plates.
Character Building	Helping and protecting others, practicing good table manners.
Vocabulary Words	Healthy, Unhealthy, Germs, Plaque
Creative Expression	Self-portraits, “What’s Your Favorite Fruit?”